

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<div>AUGUST 2025</div>				1	2
				10am Strength & Bone Density 10am Summer Bags 11:30am Gentle Yoga	
					3
					10am Senior Swim
4	5	6	7	8	9
10am Cash Bingo 11am Canasta 12pm Games Galore	9:30am Mah Jongg 10am Walking Club 10am Strength & Bone Density TRIP Journey Through History: Lincoln Highway	10am Gentle Yoga 11am Canasta 11am Senior Resource Fair 2pm ZUMBA® Gold	12:45pm Bridge 1pm Rummikub TRIP Earth, Wind, & Fire at the Ravinia	10am Strength & Bone Density 11:30am Gentle Yoga	11am Indoor Summer Picnic
					10
					10am Senior Swim
11	12	13	14	15	16
9:30am Aging Well & Medicare Help Desks 10am Cash Bingo 11am Canasta 11am Blood Pressure Screening 12pm Games Galore	9:30am Mah Jongg 10am Walking Club 10am Strength & Bone Density TRIP Tall Ship Windy	10am Gentle Yoga 10am Brain Gang 11am Canasta 2pm ZUMBA® Gold	10:30am End Procrastination 12:45pm Bridge 1pm Rummikub	10am Strength & Bone Density 11:30am Gentle Yoga 1pm Bunco	
					17
					10am Senior Swim
18	19	20	21	22	23
10am Cash Bingo 11am Canasta 12pm Games Galore	9:30am Mah Jongg 10am Walking Club 10am Strength & Bone Density 1pm Something You Should Know: Navigating Senior Care 1pm Healing Together Support Group	10am Gentle Yoga 11am Canasta 2pm ZUMBA® Gold	10am Something You Should Know: Cutting the Cord 12:45pm Bridge 1pm Rummikub	10am Strength & Bone Density 11:30am Gentle Yoga TRIP Discover Lockport	
					24
					10am Senior Swim
25	26	27	28	29	30
10am Cash Bingo 11am Canasta 12pm Games Galore	9:30am Mah Jongg 10am Walking Club 10am Strength & Bone Density 1pm Take Two Tuesdays: <i>Mama Mia</i>	10am Gentle Yoga 11am Canasta 2pm ZUMBA® Gold TRIP Apple Holler	10am Breakfast with Doc Williams: Eat More Fruits & Vegetables 12:45pm Bridge 1pm Rummikub	10am Strength & Bone Density 11:30am Gentle Yoga	
					31

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
1	2	3	4	5	6
SENIOR CENTER CLOSED	9:30am Mah Jongg 10am Walking Club 10am Strength & Bone Density TRIP Mackinac Overnight	10am Gentle Yoga 11am Canasta 2pm ZUMBA® Gold TRIP Mackinac Overnight	12:45pm Bridge 1pm Rummikub TRIP Mackinac Overnight	9am TRIAD: Healthy, Wealthy & Wise Senior Confrence 10am Strength & Bone Density 11:30am Gentle Yoga	7
8	9	10	11	12	13
9am Pancake Breakfast 9:30am Aging Well & Medicare Help Desks 10am Cash Bingo 11am Canasta 11am Blood Pressure Screening 12pm Games Galore	9:30am Mah Jongg 10am Walking Club 10am Strength & Bone Density 1pm Something You Should Know: The Impact of Music	10am Gentle Yoga 10am Brain Gang 11am Canasta 2pm ZUMBA® Gold	12:45pm Bridge 1pm Rummikub TRIP Chicago Food Tour	10am Wii Bowling Tournament 10am Strength & Bone Density 11:30am Gentle Yoga	14 11:30am Sunday Funday
15	16	17	18	19	20
10am Bingo with Pioneer Diagnostics 11am Canasta 12pm Games Galore	9:30am Mah Jongg 10am Walking Club 10am Strength & Bone Density 1pm Nifty Nineties Party	9am Mah Jongg Tournament 10am Gentle Yoga 11am Canasta 2pm ZUMBA® Gold	12:45pm Bridge 1pm Rummikub TRIP Oklahoma At The Fireside	10am Strength & Bone Density 11:30am Gentle Yoga 1pm Bunco	21
22	23	24	25	26	27
10am Cash Bingo 11am Canasta 11:30am Seniors Today: Healing Power of Music 12pm Games Galore	9:30am Mah Jongg 10am Walking Club 10am Strength & Bone Density 1pm Something You Should Know: Solo Aging	10am Something You Should Know: Elder Abuse 10am Gentle Yoga 11am Canasta 2pm ZUMBA® Gold 6:30pm Understanding Long-term Care Insurance TRIP Come From Away	10am Something You Should Know: Decluttering 12:45pm Bridge 1pm Rummikub	10am Strength & Bone Density 11:30am Gentle Yoga 12:30pm Lunch & Movie: <i>Mission Impossible</i>	28
29	30				
10am Cash Bingo 11am Canasta 12pm Games Galore	9:30am Mah Jongg 10am Walking Club 10am Strength & Bone Density 1pm Something You Should Know: Healthy At Home	<div>SEPTEMBER 2025</div>			

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<div>OCTOBER 2025</div>		<div>1</div> <div> 10am Gentle Yoga 11am Canasta 2pm ZUMBA® Gold TRIP I Love Lucy A Day of Chocolate, History & Laughter </div>	<div>2</div> <div> 10am Something You Should Know: Calm, Cool & Investing 12:45pm Bridge 1pm Rummikub </div>	<div>3</div> <div> 10am Baseball Bags 10am Strength & Bone Density 11:30am Gentle Yoga </div>	<div>4</div> <div></div>
					<div>5</div> <div></div>
<div>6</div> <div> 9am Flu Shot Clinic 10am Cash Bingo 11am Canasta 12pm Games Galore </div>	<div>7</div> <div> 9:30am Mah Jongg 10am Strength & Bone Density 10am Walking Club 1pm Take Two Tuesdays: <i>Taking Chance</i> </div>	<div>8</div> <div> 10am Gentle Yoga 10am Brain Gang 11am Canasta 2pm ZUMBA® Gold </div>	<div>9</div> <div> 12:45pm Bridge 1pm Rummikub 11am Lunch & Learn: Breast Cancer Prevention </div>	<div>10</div> <div> 10am Strength & Bone Density 11:30am Gentle Yoga 1pm Afternoon With An Artist: Guided Painting </div>	<div>11</div> <div> 8am TRIAD: Car Care Clinic </div>
					<div>12</div> <div></div>
<div>13</div> <div> 9:30am Aging Well & Medicare Help Desks 10am Cash Bingo 11am Canasta 11am Blood Pressure Screen. 12pm Games Galore </div>	<div>14</div> <div> 9:30am Mah Jongg 10am Strength & Bone Density 10am Walking Club 1pm Paint & Sip: Halloween Wine Glasses </div>	<div>15</div> <div> 10am Changes to Medicare 10am Gentle Yoga 11am Canasta 2pm ZUMBA® Gold 6:30pm Welcome to Medicare </div>	<div>16</div> <div> 12:45pm Bridge 1pm Rummikub TRIP Oktoberfest At Rosewood </div>	<div>17</div> <div> 10am Strength & Bone Density 11:30am Gentle Yoga </div>	<div>18</div> <div></div>
					<div>19</div> <div></div>
					<div>11:30am Sunday Funday</div>
<div>20</div> <div> 10am Cash Bingo 11am Canasta 11:30am Seniors Today: Medicare 12pm Games Galore </div>	<div>21</div> <div> 9:30am Mah Jongg 10am Strength & Bone Density 10am Walking Club 1pm Healing Together Support Group TRIP A Taste Of The Past: East Troy Railroad </div>	<div>22</div> <div> 10am Gentle Yoga 11am Canasta 11am TRIAD: Lunch & Learn - Medicare 2pm ZUMBA® Gold </div>	<div>23</div> <div> 12:45pm Bridge 1pm Rummikub TRIP Resaling Away </div>	<div>24</div> <div> 10am Strength & Bone Density 11:30am Gentle Yoga 12:30pm Lunch & Movie: <i>TBD</i> </div>	<div>25</div> <div></div>
					<div>26</div> <div></div>
<div>27</div> <div> 9am Halloween Breakfast & Bingo 11am Canasta 12pm Games Galore </div>	<div>28</div> <div> 9:30am Mah Jongg 10am Strength & Bone Density 10am Walking Club 1pm Take Two Tuesdays: <i>Into The Woods</i> </div>	<div>29</div> <div> 10am Gentle Yoga 11am Canasta 2pm ZUMBA® Gold TRIP Chicago's Haunted History </div>	<div>30</div> <div> 12:45pm Bridge 1pm Rummikub </div>	<div>31</div> <div> 10am Strength & Bone Density 11:30am Gentle Yoga 1pm Halloween Bunco </div>	