

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
	<b>1</b> 9:30am Mah Jongg 10am Walking Club 10am Strength & Bone Density	<b>2</b> 10am Gentle Yoga 11am Canasta TRIP The Full Monty	<b>3</b> 10am Breakfast with Doc Williams: Q&A for a Natural Approach to Health 12:45pm Bridge 1pm Rummikub 1pm Chess TRIP The Choir of Man	<b>4</b> 10am Baseball Bags Tournament 10am Strength & Bone Density 11:30am Gentle Yoga	<b>5</b>
					<b>6</b> 11:30am Sunday Funday
<b>7</b>	<b>8</b> 9:30am Mah Jongg 10am Walking Club 10am Strength & Bone Density 1pm Paint & Sip: Guided Painting	<b>9</b> 10am Brain Gang 10am Changes to Medicare 10am Gentle Yoga 11am Canasta 6:30pm Welcome to Medicare	<b>10</b> 12:45pm Bridge 1pm Rummikub 1pm Chess TRIP Inherit the Wind	<b>11</b> 10am Strength & Bone Density 11:30am Gentle Yoga	<b>12</b> 8am-12pm TRIAD Car Care Safety Clinic 10am-12pm Meal Pick-Up for Older Adults by DuPage Senior Citizens Council 5-8pm Scarecrow Scramble
					<b>13</b>
<b>14</b>	<b>15</b> 9:30am Mah Jongg 10am Walking Club 10am Strength & Bone Density 10:30am Lunch & Learn: Medicare Updates	<b>16</b> 10am Gentle Yoga 11am Canasta TRIP The Audience	<b>17</b> 12:45pm Bridge 1pm Rummikub 1pm Chess TRIP Resaling Away	<b>18</b> 10am Strength & Bone Density 11:30am Gentle Yoga	<b>19</b>
					<b>20</b>
<b>21</b>	<b>22</b> 9:30am Mah Jongg 10am Walking Club 10am Strength & Bone Density	<b>23</b> 10am Gentle Yoga 11am Canasta TRIP Fall Foliage & Quad Cities Overnight	<b>24</b> 12:45pm Bridge 1pm Rummikub 1pm Chess TRIP Fall Foliage & Quad Cities Overnight	<b>25</b> 10am Strength & Bone Density 11:30am Gentle Yoga 12:30pm Lunch and a Movie: TBD	<b>26</b> 10am-12pm Meal Pick-Up for Older Adults by DuPage Senior Citizens Council
					<b>27</b>
<b>28</b>	<b>29</b> 9:30am Mah Jongg 10am Walking Club 10am Strength & Bone Density	<b>30</b> 10am Gentle Yoga 11am Canasta TRIP Exploring Senior Living at The Birches & Beyond	<b>31</b> 12:45pm Bridge 1pm Rummikub 1pm Chess 1pm Halloween Bunco	<h1>OCTOBER 2024</h1>	
9am Halloween Breakfast & Bingo 12pm Rummikub 2:30pm ZUMBA® Gold					

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<h1>NOVEMBER 2024</h1>				<b>1</b>	<b>2</b>
				10am Wii Bowling 10am Strength & Bone Density 11:30am Gentle Yoga	
					<b>3</b>
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
10am Cash Bingo 12pm Rummikub 2:30pm ZUMBA® Gold	9:30am Mah Jongg 10am Strength & Bone Density	9am AARP Driver's Safety Class 10am Gentle Yoga 11am Canasta	9am AARP Driver's Safety Class 10am Something You Should Know: Lisle Assessor 12:45pm Bridge 1pm Rummikub	10am Stories of Service 10am Strength & Bone Density 11:30am Gentle Yoga 12pm Veterans Day Luncheon	10am-12pm Meal Pick-Up for Older Adults by DuPage Senior Citizens Council
					<b>10</b> 11am Veterans Day Ceremony 11:30am Sunday Funday
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
9:30am Aging Well Help Desk 10am Cash Bingo 11am Medicare Help Desk 11am Blood Pressure Screening 12pm Rummikub 12pm Genealogy Drop-in 2:30pm ZUMBA® Gold	9:30am Mah Jongg 10am Strength & Bone Density 11am Positive Aging: Myth Busting Ageism	10am Brain Gang 10am Gentle Yoga 11am Canasta	10am Breakfast with the Doc: Tips for a Healthy Holiday Season 12:45pm Bridge 1pm Rummikub	10am Holiday Card Making 10am Strength & Bone Density 11:30am Gentle Yoga	
					<b>17</b>
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
10am Cash Bingo 11:30am Seniors Today: DuPage Co. Senior Services 12pm Rummikub 2:30pm ZUMBA® Gold	9:30am Mah Jongg 10am Strength & Bone Density	10am Gentle Yoga 11am Canasta TRIP A Victorian Christmas Caroling Party	12:45pm Bridge 1pm Rummikub	10am Strength & Bone Density 11:30am Gentle Yoga 1pm Bunco	TRIP A Beautiful Noise
					<b>24</b>
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
10am Cash Bingo 11:30am Thanksgiving Lunch 12pm Rummikub	9:30am Mah Jongg 10am Strength & Bone Density	11am Canasta	SENIOR CENTER CLOSED	SENIOR CENTER CLOSED	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>10am</b> Cash Bingo <b>12pm</b> Rummikub <b>2:30pm</b> ZUMBA® Gold	<b>9:30am</b> Mah Jongg <b>10am</b> Strength & Bone Density <b>TRIP</b> Christmas Spectacular with Ronnie B. Elvis	<b>10am</b> Gentle Yoga <b>11am</b> Canasta	<b>10am</b> Donuts & Designs: Ornament Painting Party <b>12:45pm</b> Bridge <b>1pm</b> Rummikub	<b>10am</b> Strength & Bone Density <b>11:30am</b> Gentle Yoga <b>12:30pm</b> TRIAD Bingo Jingo	<b>3-7pm</b> Once Upon a Christmas at The Museums at Lisle Station Park <b>8</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>9:30am</b> Aging Well Help Desk <b>10am</b> Cash Bingo <b>11am</b> Medicare Help Desk <b>11am</b> Blood Pressure Screening <b>12pm</b> Rummikub <b>2:30pm</b> ZUMBA® Gold	<b>9:30am</b> Mah Jongg <b>10am</b> Strength & Bone Density	<b>10am</b> Brain Gang <b>10am</b> Gentle Yoga <b>11am</b> Canasta <b>TRIP</b> White Christmas & Wildfire	<b>12:45pm</b> Bridge <b>1pm</b> Rummikub	<b>10am</b> Strength & Bone Density <b>11:30am</b> Gentle Yoga <b>1pm</b> Bunco	<b>10am-12pm</b> Meal Pick-Up for Older Adults by DuPage Senior Citizens Council <b>15</b> <b>3pm</b> Take Note Holiday Concert: Merry & Bright
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>10am</b> Cash Bingo <b>12pm</b> Rummikub <b>2:30pm</b> ZUMBA® Gold	<b>9:30am</b> Mah Jongg <b>10am</b> Strength & Bone Density	<b>10am</b> Gentle Yoga <b>11am</b> Canasta <b>TRIP</b> Trolley Christmas Lights Tour	<b>10am</b> Grinch Bingo <b>12:45pm</b> Bridge <b>1pm</b> Rummikub	<b>10am</b> Strength & Bone Density <b>11:30am</b> Gentle Yoga <b>12:30pm</b> Holiday Lunch & Movie: <i>National Lampoon's Christmas Vacation</i>	<b>22</b>
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>9am</b> Christmas Breakfast & Bingo <b>12pm</b> Rummikub	<b>SENIOR CENTER CLOSED</b>	<b>SENIOR CENTER CLOSED</b>	<b>12:45pm</b> Bridge <b>1pm</b> Rummikub		<b>29</b>
<b>30</b>	<b>31</b>	<b>DECEMBER 2024</b>			
<b>10am</b> Cash Bingo <b>12pm</b> Rummikub	<b>SENIOR CENTER CLOSED</b> <b>12pm</b> New Year's at Noon				

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<h1>JANUARY 2025</h1>		<b>1</b> SENIOR CENTER CLOSED	<b>2</b> 12:45pm Bridge 1pm Rummikub	<b>3</b> 10am Wii Bowling	<b>4</b>
				<b>5</b>	
				<b>6</b>	
<b>6</b> 10am Cash Bingo 12pm Rummikub	<b>7</b> 9:30am Mah Jongg 10am Strength & Bone Density 12:30pm James Bond Film Festival: <i>Goldfinger</i>	<b>8</b> 10am Brain Gang 10am Gentle Yoga 11am Canasta	<b>9</b> 10am Vision Boards 12:45pm Bridge 1pm Rummikub	<b>10</b> 10am Strength & Bone Density	<b>11</b>
				<b>12</b>	
<b>13</b> 9:30am Aging Well Help Desk 10am Cash Bingo 11am Medicare Help Desk 11am Blood Pressure Screening 12pm Rummikub	<b>14</b> 9:30am Mah Jongg 10am Strength & Bone Density 12:30pm James Bond Film Festival: <i>The Spy Who Loved Me</i>	<b>15</b> 10am Gentle Yoga 11am Canasta	<b>16</b> 12:45pm Bridge 1pm Rummikub	<b>17</b> 10am Strength & Bone Density 1pm Bunco	<b>18</b>
				<b>19</b>	
<b>20</b> 10am Cash Bingo 12pm Rummikub	<b>21</b> 9:30am Mah Jongg 10am Strength & Bone Density 12:30pm James Bond Film Festival: <i>GoldenEye</i>	<b>22</b> 10am Gentle Yoga 11am Canasta	<b>23</b> 10am Book Exchange 12:45pm Bridge 1pm Rummikub	<b>24</b> 10am Strength & Bone Density	<b>25</b>
				<b>26</b>	
<b>27</b> 10am Cash Bingo 11:30am Seniors Today: Chair Pilates 12pm Rummikub	<b>28</b> 9:30am Mah Jongg 10am Strength & Bone Density	<b>29</b> 10am Gentle Yoga 11am Canasta	<b>30</b> 12:45pm Bridge 1pm Rummikub	<b>31</b> 10am Strength & Bone Density 12:30pm James Bond Film Festival: <i>Casino Royale</i>	